

# Orchard House Newsletter

February to April 2018

February brought us all a few days of romance as we celebrated Valentine's Day with our Valentine Supper and we were also serenaded with love songs from Singer Paulo Pinto.



We have also started to create an indoor growing area in the conservatory for our window sill gardening, we have recently added an orange tree and the residents have been busy planting, Pepper, tomato and Chilli seeds.

## Thank you to All Staff

As you are all aware we had some interesting weather to kick off the month of March with the snow and high winds brought to us by the beast of the East. Thank you to all the staff who made it into work and the dedication they showed in their determination to get her, many having to walk in freezing conditions taking them an hour and a half to get here. It also resulted in many staff and some relatives too helping to push and dig staff and relatives out of the car park. Thank you to everyone!



## Sunflower Race



The residents have been busy planting seeds for our annual sun flower race a prize will be presented to the resident who grows the tallest sunflower. We will hopefully have quite a crop as we have planted 28 seeds.

## Parkinson's Awareness Day

On 11<sup>th</sup> April we held a homemade cake sale to raise money for Parkinson's, thank you to all those that could join us we raised an impressive £137.00. With lots of the staff

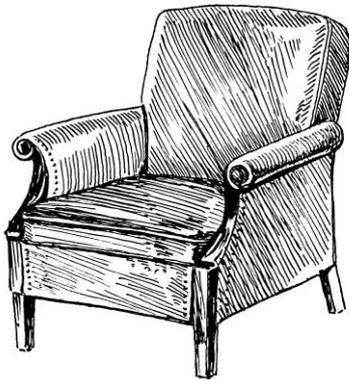
rolling home that day under the amount of cake they had brought as Lauren baked for the whole of Sutton Coldfield! All the cupcakes went down well, being beautifully decorated and tasty too.

### **Employee of the Month**

Congratulations to Care Assistant Lauren Hargrave who was February's employee of the Month, followed by Lucy Bentley who was March's employee of the month and Namaste and Activity Co-ordinator Jayne Dale who was April's employee of the month. Thank you to everyone one who voted, it is lovely to receive individual feedback.

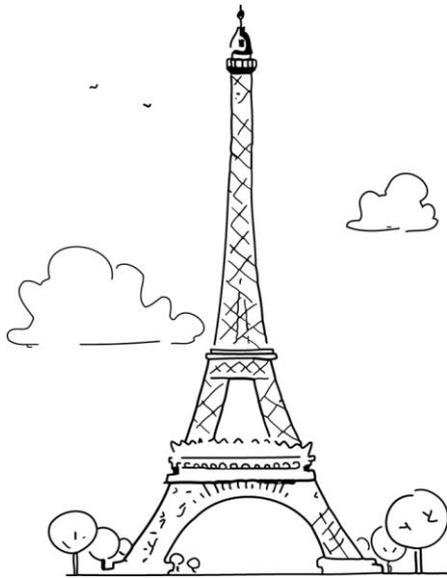


### **Armchair travels**



We are starting to introduce a new activity to our Namaste Room called Armchair travels, this activity will consist of focusing on a particular place or country of interest that will then become our theme for the afternoon, for example an afternoon in Paris We will show the residents taking part in this session footage of the country or place, play music from that area, taste foods associated with that country and look at objects of interest found or used in that country to trigger memories and encourage residents to share their travel stories. If you have any objects you think would help these sessions, or if you would like us to look at a certain area or country that you think your loved one would particularly enjoy please speak to the Namaste and Activity Co-ordinator Jayne Dale.

So far with her spent an afternoon in Paris sampling French style afternoon tea, we have also spent an afternoon in Bruges watching how chocolate is made and of course doing some of our own chocolate tasting. We have spent an afternoon in Rome sampling cappuccinos and tiramisu, his has triggered many happy memories of holidays and we have been thrilled with the reactions we have had.



## Upcoming Events

Sunday 20<sup>th</sup> May Parisian Tea Party at 4.45pm – please book and purchase a ticket.

17<sup>th</sup> June Father's Day Afternoon High Tea at 3pm – please book and purchase a ticket, £5.00 per person.

20<sup>th</sup> June Belly Dancers at 2.30pm



5th July Robert Burton Sing Along Accordion at 2.30pm



Sunday 8<sup>th</sup> July American Style Diner Supper at 4.45pm – please book and purchase a ticket, £5.00 per person.

Everyone is welcome to join us for our Tea Parties and Suppers; family or friends. However if you do wish to attend you have to book in advance; please speak to the nurse in charge or Jayne Dale the Activity Co-ordinator. It is £5.00 per person which you pay upon booking you will given a ticket and we then ask you to fill in the booking form in the main reception so that we can reserve a table for you and your loved ones.